

# TRAMWAY

Tramway and Dance North presents

## **Gorgeous Tongue**

by Lara Kramer

3rd June 2026 7:30pm - 9:30pm

**Duration: Performance 1hr 10mins / 10 min break** / Lara Kramer in conversation with artist Martha Hincapie Charry, supported by The Work Room, 40mins

*"Somewhere amongst all these strands, we are weaving our imagination. Dreaming for hard loving and future journeys. Transporting in soft gorgeous tongue." — Lara Kramer*

**FURTHER READING** | Turning our ears to our soft pulsating bellies | By Joëlle Dubé [\[CLICK HERE\]](#)

**AUDIENCE NOTES** | This performance includes loud sound/music and imagery that may evoke intense or heavy emotional themes. Please note this performance includes a brief instance of partial nudity so admission is at parent or guardian's discretion more information available at box office.

**RECOMMENDED FOR AGES** | 12+

## CREDITS |

**Produced by** Lara Kramer Danse

**Conceived, Created, Set and Sound Design by**  
Lara Kramer

**Performed by** Lara Kramer

**Guest artist** Jo Vignola

**Outside Eye** Peter James

**Lighting Design and Technical Director** Jo Vignola

**Knowledge Keeper** Ida Baptiste

**Elder** Emerson Ninigishki'ing

**Technical Director Assistant** Chloé Depommier

\*Originally performed by and created in collaboration with Jeanette Kotowich

## PRODUCTION CREDITS |

Co-produced by Festival TransAmériques + Centre de Création O Vertigo – CCOV

With the support of Conseil des arts et des lettres du Québec

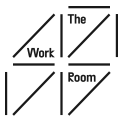
Creative Residencies Centre de Création O Vertigo – CCOV + Compagnie Marie Chouinard + MAI (Montréal, arts interculturels)

Premiered at the Festival TransAmériques on May 31, 2024, presented in association with Agora de la danse + Tangente

Post-show discussion supported by The Workroom

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## ARTIST NOTE |

Anchored in this world and orbiting a universe beyond, a lone performer unfolds remembrance through rhythmic scores. In *Gorgeous Tongue*, Lara Kramer embodies stories and dreams rooted in her Anishinaabe lineage. Entering Kramer's artistic constellation invites audiences into the intimacy of her offering while ushering in new worlds.

Born from the chemistry and kinship between two artists, *For Gorgeous Tongue* emerged when Lara Kramer invited Nêhiyaw/Métis dance artist Jeanette Kotowich to collaborate and perform the solo. In this iteration, Kramer carries the solo forward, offering the work to the public.

This solo oscillates between the need for regulation and the discovery of a new appetite—an opening toward transformation. Kramer explores pleasure, instinct, and the strength of gut-level connection: an interior technology carried within the body that opens portals across time and space and holds ancestral intelligence. Through embodied listening and visceral knowing, the work calls for deep connection, heightened awareness, and trust in instinct as a source of agency.

Activated through body, minimal sound, and material engagement, metamorphosis unfolds. We witness human and non-human, energy and friction, where multiple meanings emerge. Landscapes shift and textures arise through relational exchange between body, object, sound, and space. Moments of struggle, play, turmoil, and surrender trace the full arc of a star being's

journey—revealing perseverance, agency, and Indigenous futurity.

*Gorgeous Tongue* is an invitation to imagine and move toward what is possible. Kramer draws from her Anishinaabe creation story of coming from the stars:

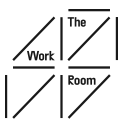
"And we are asked, 'Do you still want to go?' These are the stories of our journey from the stars, of how we came to be. Somewhere amongst all these strands, we are weaving our imagination—dreaming of hard loving and future journeys, transporting in soft, gorgeous tongue."  
—Lara Kramer

## BIOS |

**Lara Kramer** is a performer, choreographer, and multidisciplinary artist of mixed Oji-cree and settler heritage, raised in London, Ontario. She lives and works in Tiohtià:ke/Mooniyang/Montreal. Her choreographic work, research and field work over the last twenty years has been grounded in intergenerational relations, intergenerational knowledge, and the impacts of the Indian Residential Schools of Canada. She is the first generation in her family to not attend the Residential schools. Kramer's relationship to experiential practice and the creative process of performance, sound development and visual design is anchored in the embodiment of experiences such

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as dreams, memories, knowledge, and reclamation. Her creations in the form of dance, performance and installation have been presented across Canada and Australia, New Zealand, Martinique, Norway, Vienna, Belgium, the US and the UK. She holds a BFA in Contemporary Dance (2008) and a MFA (2024) from Concordia University.

She has received multiple awards, acknowledgments, and prizes for her work both as an emerging and established artist. Lara was appointed a Human Rights Advocate through the Holocaust Memorial Centre of Montreal in 2012, following the national tour of her work *Fragments*, a performance piece informed by her mother's stories and lived experience as a survivor of the Indian Residential Schools of Canada. In 2014, Lara was awarded the Scholarship of Audacity – *Caisse de la culture* from the OFFTA, Montreal, as well as commissioned by The Canada Dance Festival for her work "Native Girl Syndrome". In 2017-18 Lara was presented with the prestigious Ashley Fellowship with Trent University, as well as appointed the CanDance creation fund for her work *Windigo*. In 2018, Lara received the Jacqueline-Lemieux Prize for recognition of artistic excellence and distinguished career achievement in dance. Two artworks from Kramer's *In Blankets, Herds and Ghosts* were recently acquired by Pointe-à-Callière, Museum of Archaeology and History (2022-23).

Lara Kramer is a [Center de Création O Vertigo – CCOV](#) Associate Artist since 2021.

**Jo Vignola** is a poly/trans/anti/disciplinary artist based in Tiohtià:ke/Montreal, whose artistic practice unfolds across performing arts, visual arts, and research-creation. From lighting, video, and sound design to solo performance, their work approaches the stage as an intimate space where trans\* experience becomes a promise of creation.

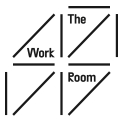
Trained in biochemistry, anthropology, scenography, and theatre studies, Jo thrives in the lines that connect these different disciplines. A research-artist and recipient of the prestigious SSHRC scholarship for their master's degree, he explores methodological fluidities in solo performance creation.

His work have been presented across Quebec, North America, and Europe: *BIOS* (Vous êtes ici, 2021), *Exécution/It Looked as if They Had Never Been Here* (London Fringe Festival, 2024; IndyFringe, 2024; Kolorado Fesztivál, 2025; Biennale des erreurs, 2025), *WILD THING* (Montreal Fringe Festival, 2025; Kolorado Fesztivál, 2025), *DES/Usines à Peaux* (UQAM, 2026), and *Ce qu'il nous restera des espèces-proies* (Premier Acte, 2027).

They also collaborate on lighting, sound, and video design with artists working in dance, performance, and theatre.

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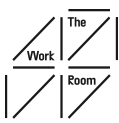
## PRESENTATION CREDITS |

Co-curated in collaboration with Tramway as part of RISE 2026, Dance North's Festival of Contemporary Dance and Performance. From Sat 23 May to Sat 6 June, RISE will honour global Indigenous artists whose work connects land, story, and movement worldwide. [Visit the Dance North RISE website](#)

With the support of: Conseil des arts et des lettres du Québec and Canada Council for the Arts.

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