By Hayley Earlam

In association with Capital Theatres

Brrr

SOCIAL STORY



Introduction for caring adults

Brrr is a new sensory installation with live performance for audiences with complex needs aged 10+. An immersive exploration of winter, *Brrr* features dance, sound, immersive video, & lots & lots of snow!

This is a non-judgemental space, & all individual stims, noises & behaviours are welcome. You know your young person best, so please step in if they become distressed or if they are behaving in a way that is causing distress to others.

As a caring adult, please take this opportunity to be with the young person you care for in a different way. Lie back, get comfy, dance around, play, watch, observe or just be together.

PINK information can be read by younger audiences & by a caring adult supporting them to attend.

BLUE information is additional information for caring adults in ways they can support young people to experience Brrr.

We hope you enjoy!



Makaton Symbols



Winter



Performance



Lights



Music



Dark



Listen



Wind



Cold



Dance



Snow



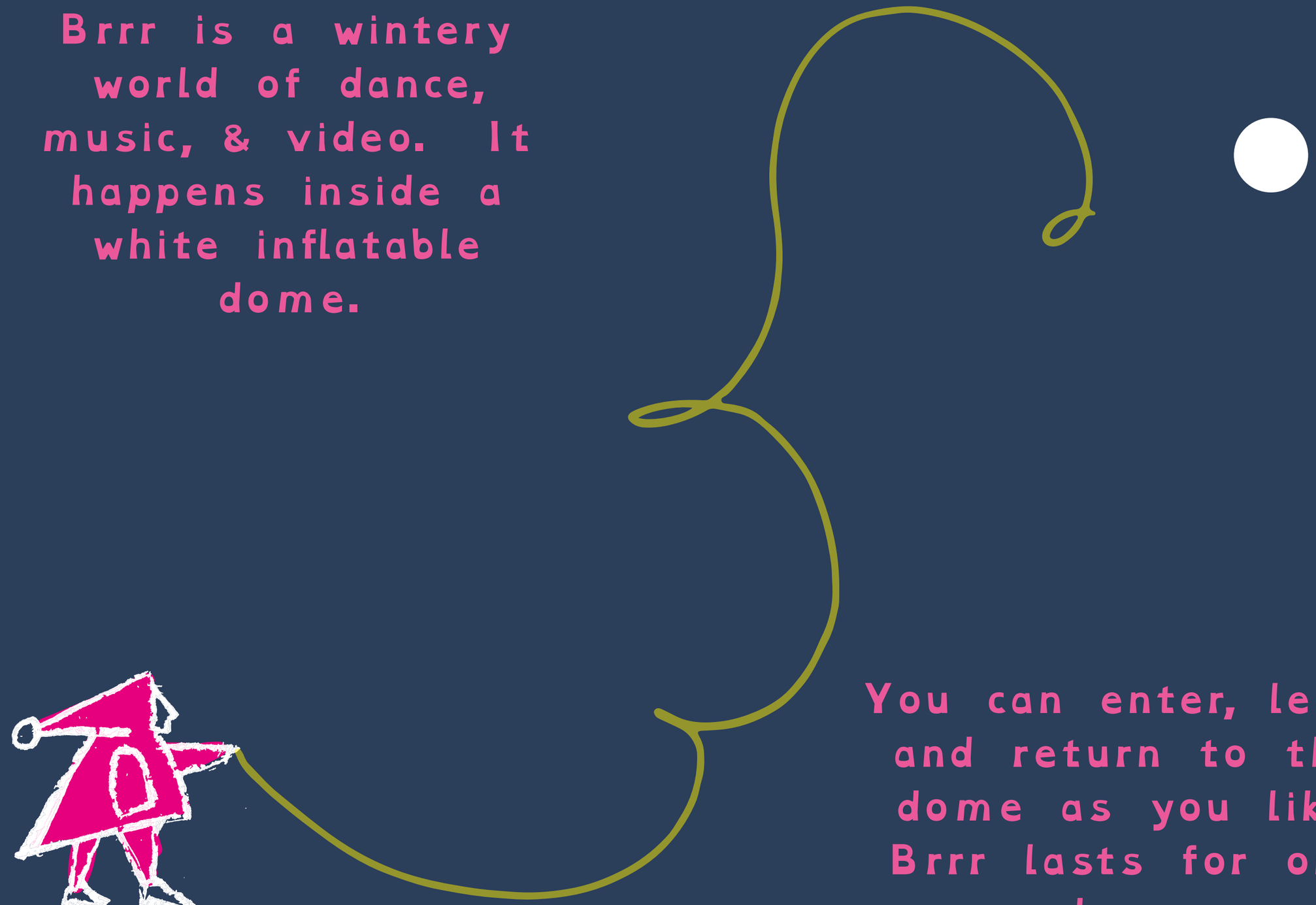
Special



Together

Scan to
listen to the Brrr
Soundtrack

Brrr is a wintery world of dance, music, & video. It happens inside a white inflatable dome.



You can enter, leave and return to the dome as you like. Brrr lasts for one hour.

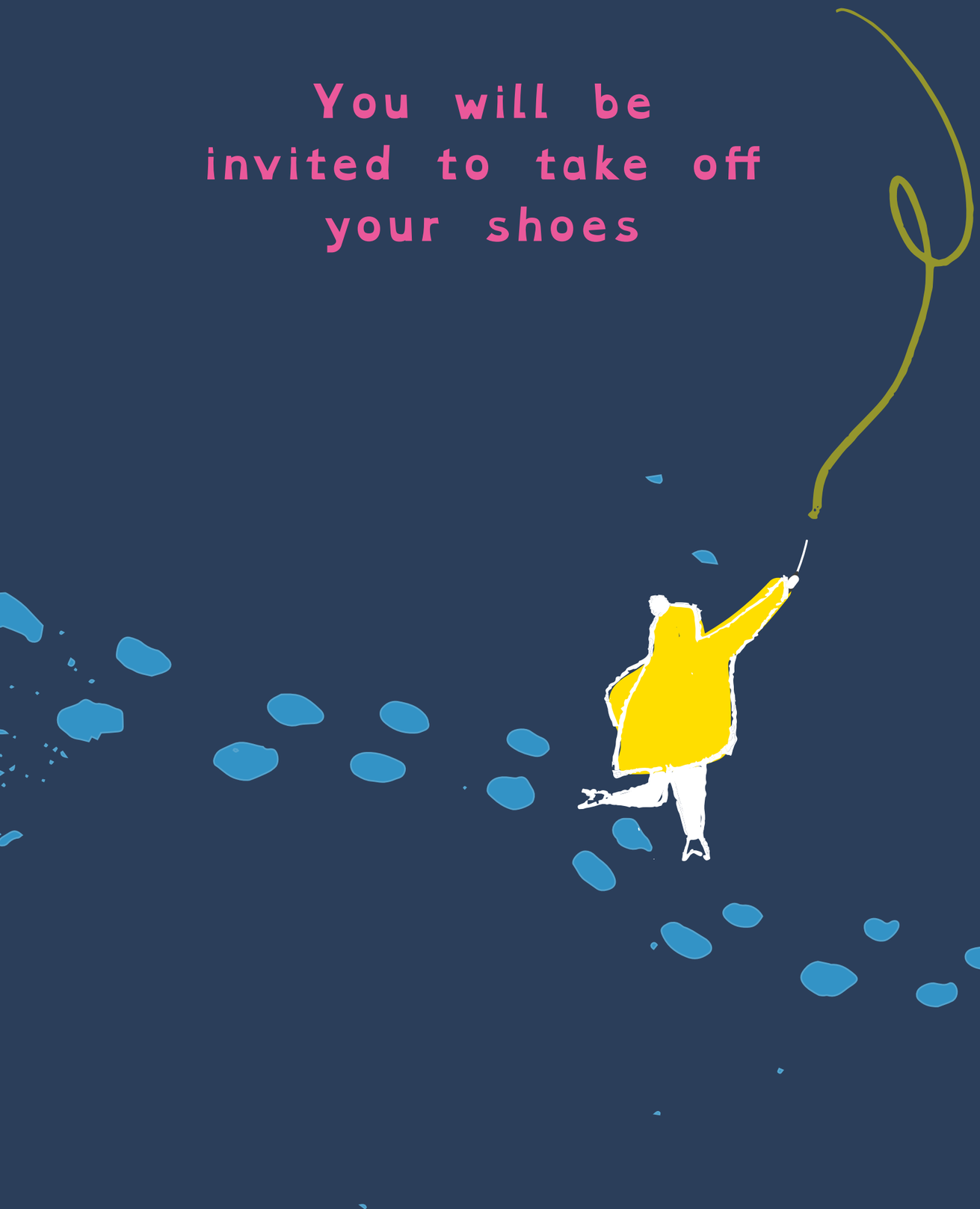
This is what you will see when you come to Brrr



You can choose to sit down or move around.

All stims are welcome.

You will be invited to take off your shoes



If you prefer to keep your shoes on, that is okay with us.

You might sit here...



Transitioning out of beds and chairs is welcome



Or here...

You can enter, leave and return to the dome as you like.

You will meet these people



Hayley



K J



Clare



Craig

Hayley dances



K J dances



Clare dances

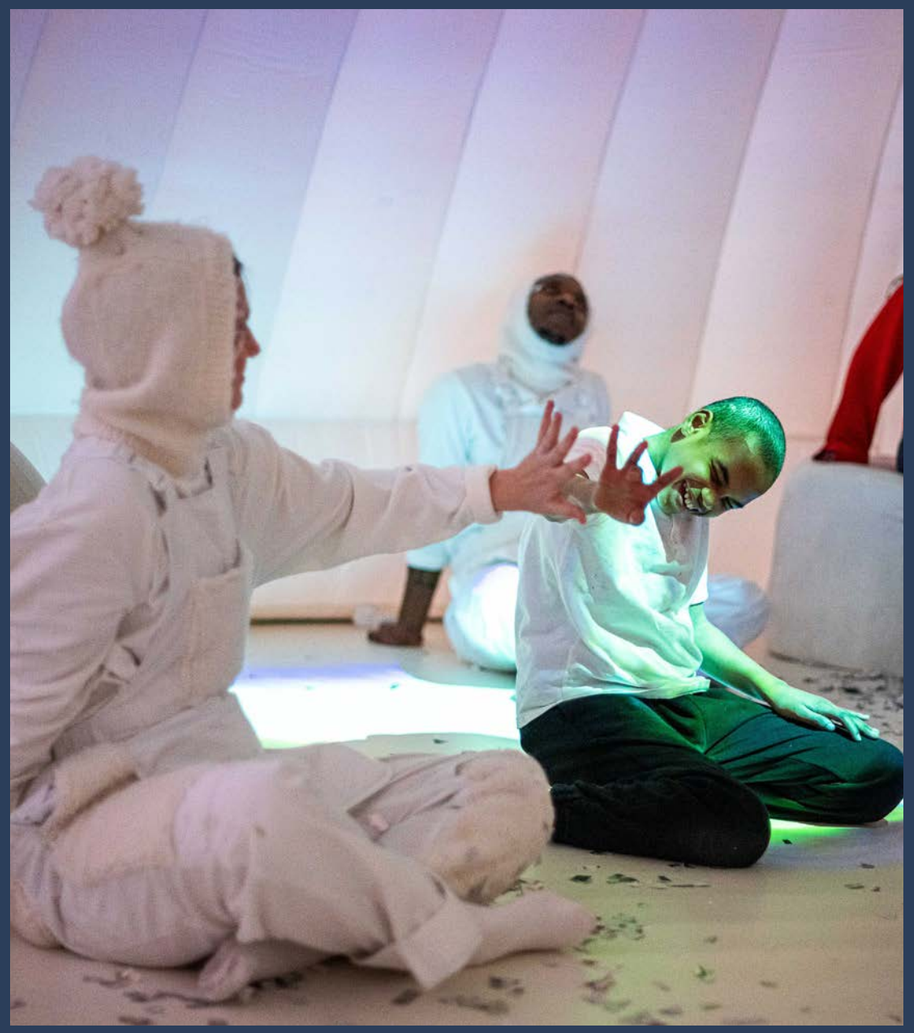


Craig makes lights & music

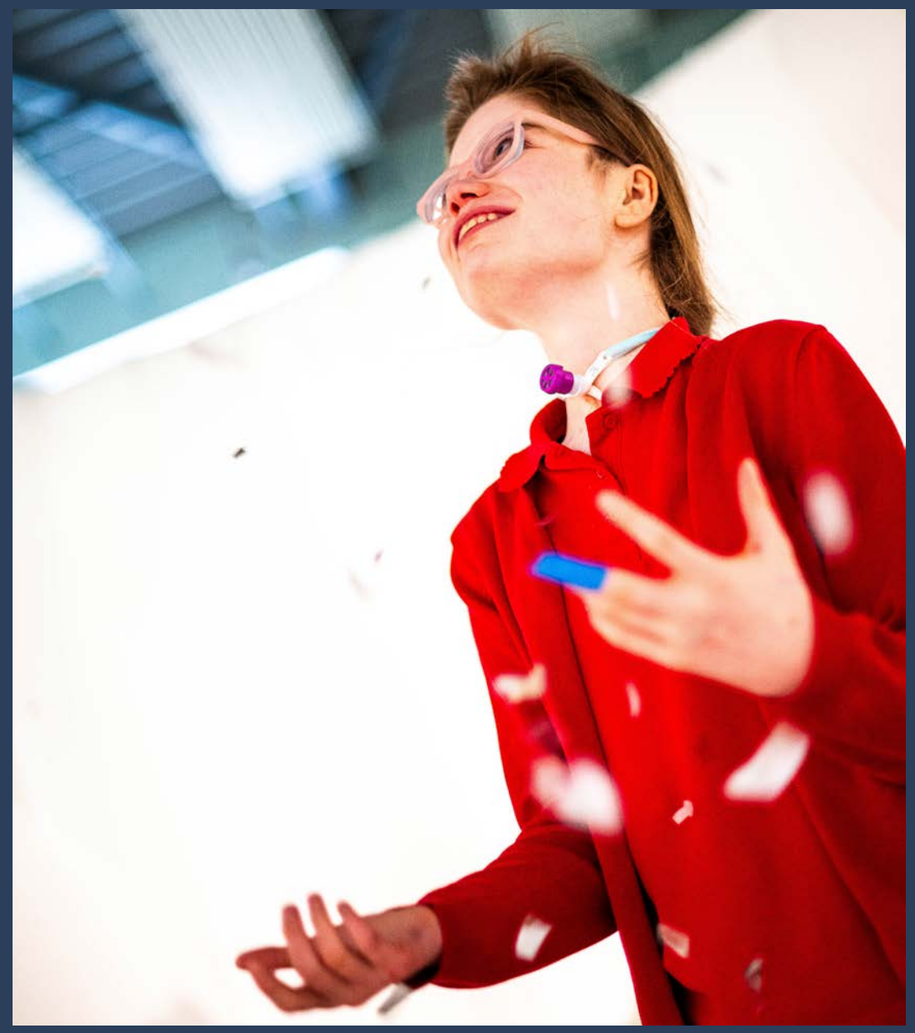


Many more people help make Brrr, everyone in the Brr team wears a woolly hat.

The performers might interact & respond to you,



if you would like to watch without interaction, that is okay too.



There will be
somewhere called
‘The Dip-Out Space’
if you’d like to
take a break

The Dip-Out Space
is outside of the
dome.

Your caring adult will come to the Dip-out Space with you.

It has somewhere to sit, space to move, sensory objects, headphones, & a screen to watch the performance live.



Inside the
Brrr Dome
there will be...





Snowballs to squeeze

They feel soft and crunchy

Some smell like winter.

You can roll them around your body or hold them in your hands. Can you hold them up to your ears and hear them crunch?



Chimes to hear the quiet of winter.

(this can be a loud sound that wobbles your ears but it won't last long)

The dancers will keep hold of the chimes, but they might come near you to play them. Can you feel the sound?



Lights to watch.

They are long & floaty.

The dancers will bring lights up close or you can watch them from further away. The dome will get darker to show you the lights. Can you move your body like the floating lights?



Tubes to listen & make sound,

the tube will call your name.

The dancers will bring you the tube, if you listen to it, you will hear your name. What sounds can you make in reply? Can you play the tube like a musical instrument?



Windy fans to feel the Brrr!

Snowflakes whirl in the air.

The fan blows cold air at you which might change the way things sound and move. Can you collect the snowflakes and throw them into the wind?



Northern lights to dance under,

Bodies jump and spin, lights flow and change.

The lights are colourful like a rainbow, they might even change the colour of your clothes! You can lie back and watch the dancers or move to the music. Can you make your shadows dance in the Northern lights together?

The performers will say thank you when Brrr has finished.

You will leave through the same door that you entered.

You can clap your hands and say goodbye if you would like.



Thank you,

We look forward to
meeting you!



Brrr by Hayley Earlam
Design by Maya Rose Edwards
Photography by Brian Hartley
In association with Capital Theatres.