

**Coming into the theatre**

When you come into the theatre, Claire will already be on stage.

She will be moving around, building a mountain made of crutches and may come and talk to you.

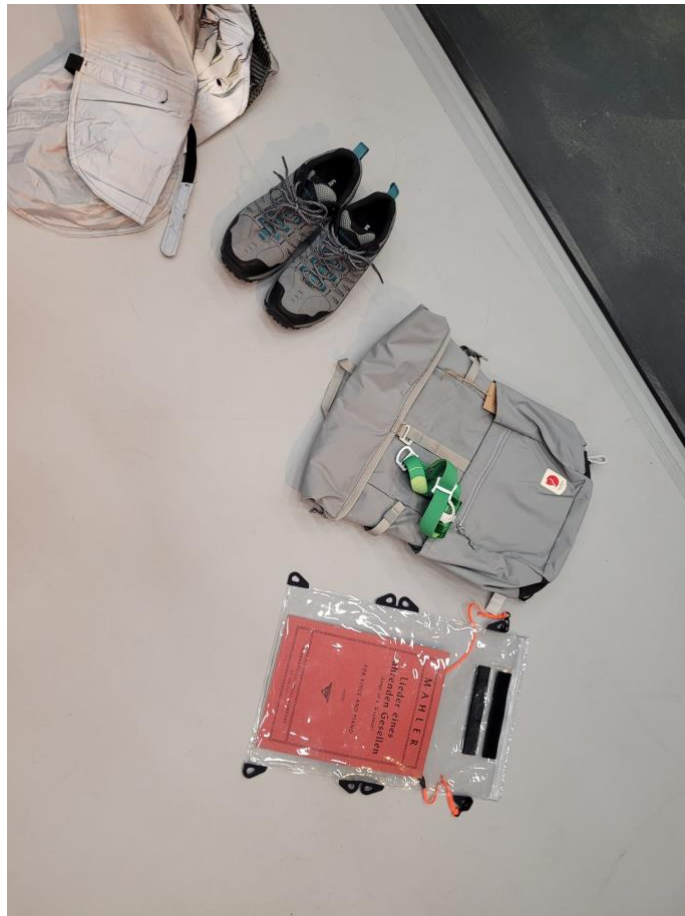


Claire will be wearing a soft white top and grey trousers, with shiny grey covers and dark grey shoes.

At the start she also wears a bright orange waterproof



She will also be wearing a silver backpack and carrying a musical score in a plastic map holder.



On stage, there will be a big mountain sculpture made out of crutches. Please do not touch it.



You can choose your own seat, but should not sit on ones marked in Orange.

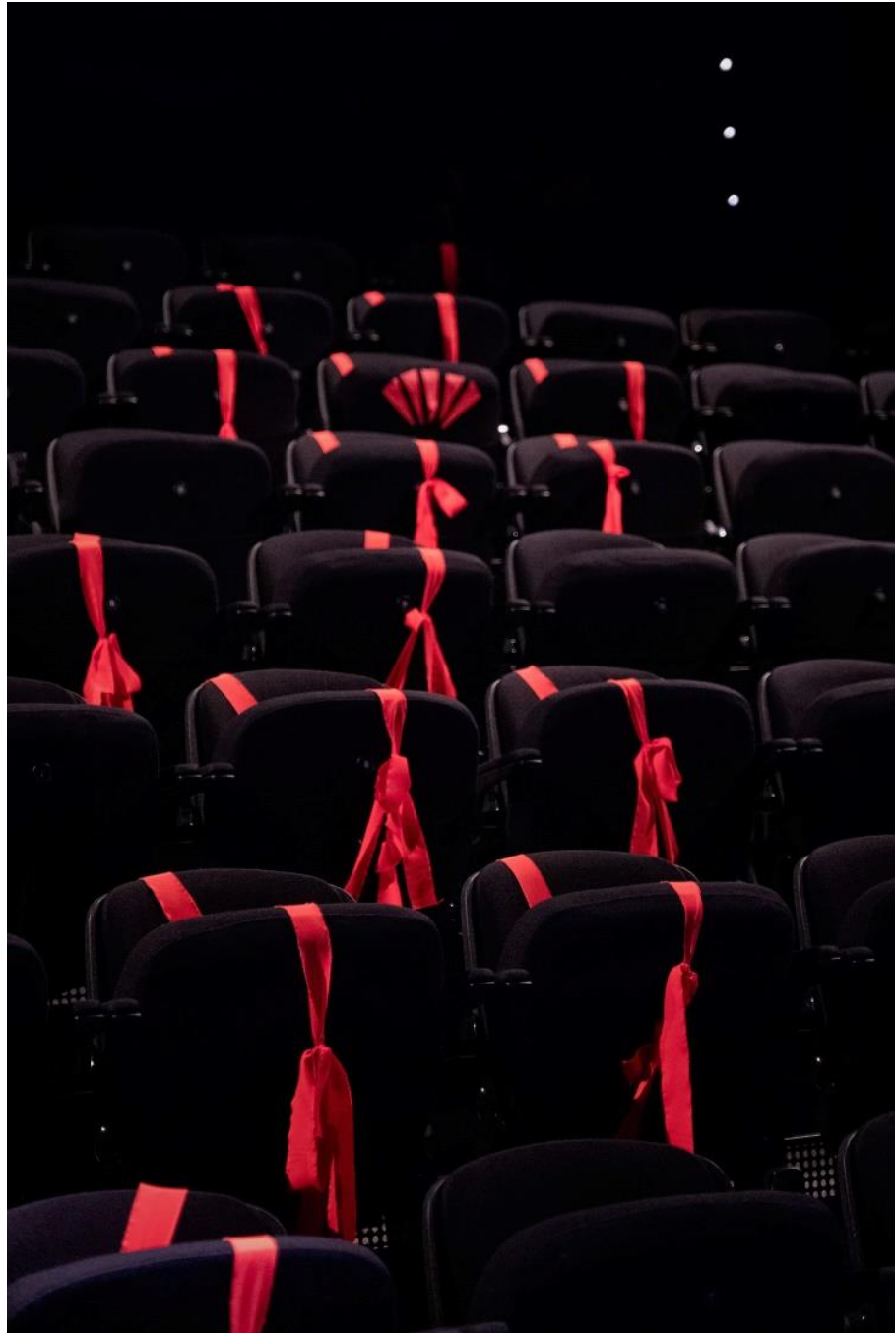
If you sit beside a seat marked in orange, Claire will come close to you.

She will not deliberately touch you.

She might ask if you want a biscuit, or to hold her cup of coffee (which you can say Yes or No to).

The biscuit has flour, sugar and butter in it and no nuts.

You *might* be able to smell Claire's coffee.



You can also choose to sit on beanbags, cushions, mats and chairs set on the stage.

You can walk onto the stage to reach them.

If you sit in one of these seats, Claire will come near to you, she will walk between you, but will not touch you.



At many shows, a sign language interpreter will be on stage as you come in.

Their position will help you decide where to sit, if you need to see them.



You can also ask their advice on where to sit. The sign language interpreter will sometimes move around the stage with Claire.

You will be able to see captions at the top of the white sheet.

The words are what Claire is saying and singing.

You will see them as you come in and can decide to sit where ever you can best see them from, if you need to.



Other words and pictures will be projected on the floor. include:

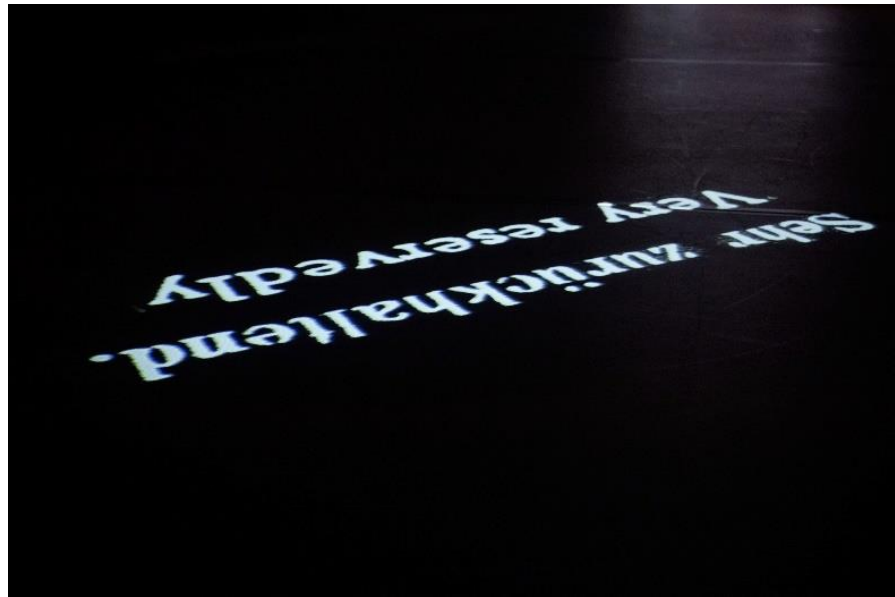
Phrases that appear as directions in a musical score Claire sings from.

Images taken from maps of hills, mountains and rivers, in bright orange and blue.

Black and white film of water in a river.

They appear gradually, fade in and out, during the show.

If you sit on stage, this can feel like the floor is moving.



## Relaxed Performance

All performances of Songs of the Wayfarer are 'Relaxed'. For us, this means:

- You are free to sit where you like (including on the beanbags and cushions, and seats on the stage)
- You can leave and come back in, or leave and don't come back if you want to leave the theatre
- There is one section in darkness early on that takes 7 minutes - this not an ideal time to leave, but the rest of the show please do so if you need to
- Please feel free to vocalise or stim in a way that is safe for you
- There will be a box of access aids (including dark glasses, ear defenders and fidget toys) in the foyer before the show.
  - o Please borrow whatever you need; please return them after the performance.
- You are also welcome to bring your own access aids.

## Guide Talk

- When the show starts, Claire will climb into the first row of the audience to welcome you to the show and will describe some sensory information.
- The lights will go as bright and as dark as they will during the show.
  - o There is no flashing or strobe lighting and the transitions are gentle.
  - o Even in the darkest moments there will be some light from the fire escape signs and the projections – it may take a moment for your eyes to adjust.
- The sound will go as loud and as quiet as it will during the show, the transitions are gentle. The sound will move around the stage.

- Claire will point out where she will move in the theatre. If you sit in a seat with orange markers, she will probably come quite close to you.
- Claire sings in German, in an operatic style, she will demonstrate this at the beginning of the show. The captions will help you understand what she is singing.
- There will be projections on the floor, and on the white paper at the back of the stage. The projections on the floor move, and might be disorientating for some people.

### **Other Useful Notes**

-If you are sitting towards the back right of the tribune, Claire may sit near you while drinking coffee and eating biscuits. You might be able to smell them. There are no nuts in the biscuits.

-In some parts of the show, Claire will use a headtorch this may be very bright if they are pointed in your direction.

-When Claire takes rests and invites people to move and stretch, you are very welcome to do so with her

-If you are sitting in seats at the front of the theatre, at points where Claire climbs into the audience, you are welcome to turn and adjust your position if you need to

-At the end of the performance, after Claire has left the stage and the lights come back up you are welcome to stay in the space for a little while and take your time leaving. There is no need to rush away

-If it's useful we can provide a film of the show in advance.

-If venues or audience members have specific questions about access you can contact [Vicky@clairecunningham.co.uk](mailto:Vicky@clairecunningham.co.uk)